



theBespoke\Dr.ElaineChin

Role Physician\Founder
Mission Combat the predictable and preventable illnesses that impact us all
Contact dr.chin@thebespoke.group

Elaine Chin, MD, MBA is on a mission to combat the predictable and preventable illnesses that impact us all. After seeing too many people she loved pass away from such illnesses, she decided to devote her life's work to facing them head on.

Thirty years later, Elaine is a respected thought leader in the space of personalized medicine, integrative health and corporate wellness. With her experience comes the science, safety, and rigor that is often lacking in the wellness space.

She is the founder of theBespoke\WellnessGroup, a premiere personalized medicine practice in Toronto Canada, offering concierge executive healthcare, virtual health, anti-aging services and enterprise wellness programs.

She has served as the Chief Wellness Officer at TELUS Communications and advises companies on their corporate health and wellness strategies.

Elaine is presently finishing her third book about the impact of COVID-19 in a post-pandemic world. She published her award winning second book in 2021, ***“Welcome Back! How to reboot your physical and mental resiliency for a post-pandemic world”***. This follows her breakout book in 2015, ***“Lifelines: Unlocking the secret of your telomeres for a longer and healthier life”***.

Presently, she is an expert weekly contributor to CP24 Wellness Wednesdays and consultant at Good Housekeeping Magazine in New York.

Elaine received her medical degree from the Temerty Faculty of Medicine at the University of Toronto in 1988 and in 1994 received her MBA from the Rotman School of Management at same university.



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Elaine Chin, M.D., M.B.A.



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Biography